

## Chevron Table Runner

By Joanna Marsh

“Liven up your table decor just in time to party for St. Patrick’s Day with this quick and easy foundation paper pieced table runner. If you are new to foundation paper piecing, this is a great pattern to learn the technique. Just remember to shorten your stitch length on the Horizon Memory Craft 8900QCP Special Edition when sewing through the foundation paper for easy tearing when the project is completed.” - Joanna Marsh of Kustom Kwilts and Designs



RSO = Right side out  
RST = Right sides together  
FQ = Fat quarter (18" x 21")  
All seam allowances are a 1/4", unless otherwise specified.

**Skill Level:** Beginner to Intermediate

**Sewing Time:** 2-5 hours

**Finished Size:** 12" x 48"

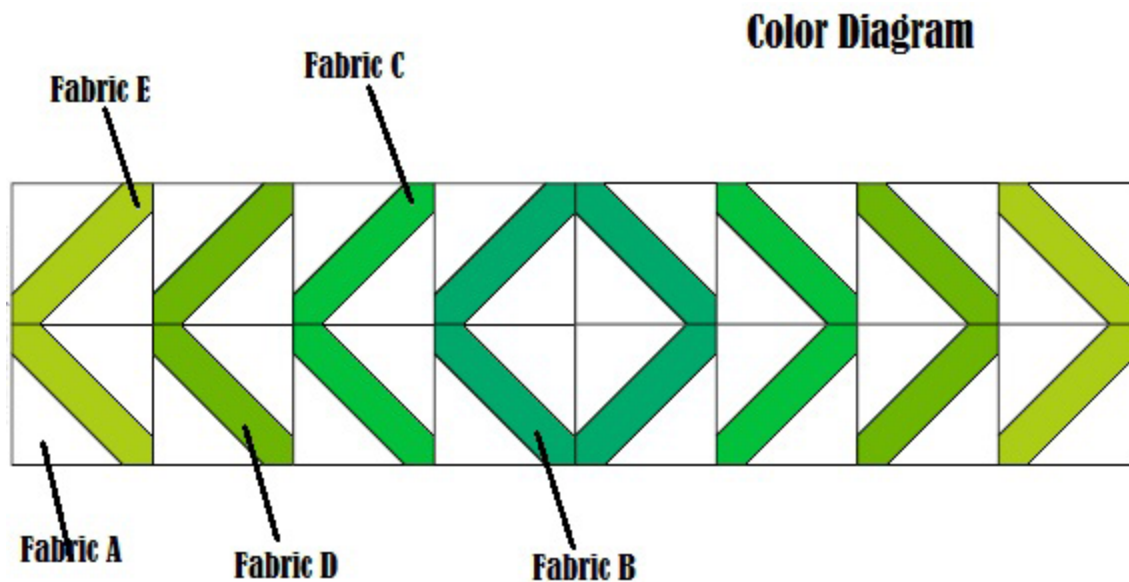
**Janome Supplies Required:**

- Horizon Memory Craft 8900QCP Special Edition
- 1/4" Seam Foot O
- Standard Foot A
- Red Tip Needle
- Pre-wound Bobbin
- Empty Bobbin

## Chevron Table Runner

### Fabric/Notions Required:

\*Refer to the color diagram below.



- 1 1/2 yards of white tone-on-tone quilting cotton (**Fabric A**) sub cut into:
  - (1) 12 1/2" x 48 1/2" for the back of the table runner (**cut this piece first**)
  - (32) Cutting template A pieces (**can be cut a little larger, if desired**)
- 1 FQ of dark green solid or tone-on-tone fabric (**Fabric B**) sub cut into:
  - (4) Cutting template B pieces (**can be cut a little larger, if desired**)
- 1 FQ of medium dark green solid or tone-on-tone fabric (**Fabric C**) sub cut into:
  - (4) Cutting template B pieces (**can be cut a little larger, if desired**)
- 1 FQ medium light green solid or tone-on-tone fabric (**Fabric D**) sub cut into:
  - (4) Cutting template B pieces (**can be cut a little larger, if desired**)
- 1 FQ medium light green solid or tone-on-tone fabric (**Fabric E**) sub cut into:
  - (4) Cutting template B pieces (**can be cut a little larger, if desired**)
- Coordinating all-purpose sewing thread for piecing
- Contrasting thread for topstitching

### Student Supplies Required:

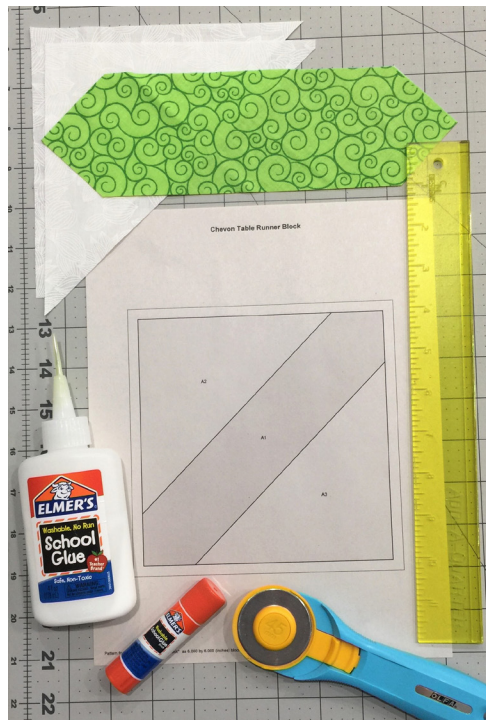
- 16 sheets of 8 1/2" x 11" newsprint or regular copy paper to print the foundation pattern
- Foundation pattern printed at 100% on newsprint (16 copies) - please see below
- 1 copy of rotary cutting templates printed at 100% - please see below
- Elmer's school glue
- Glue basting tip
- Elmer's glue stick

## Chevron Table Runner

- Light box (or window or other light source)
- Iron and pressing mat
- Marking pen/tailors chalk
- Rotary cutter, ruler and mat
- Add a quarter ruler

### Foundation Paper Piecing:

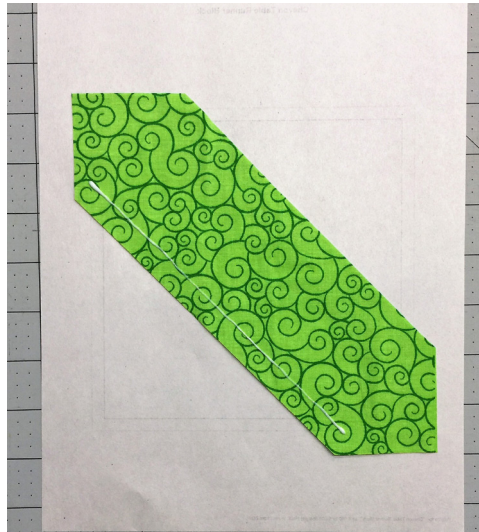
1. Begin with one of the printed foundation paper piecing patterns. Place it with the printed side face down on the light source (light box, window, etc.). Take two of the Fabric A white pieces of fabric that you cut using template A and one of the Fabric B pieces that you cut using template B.



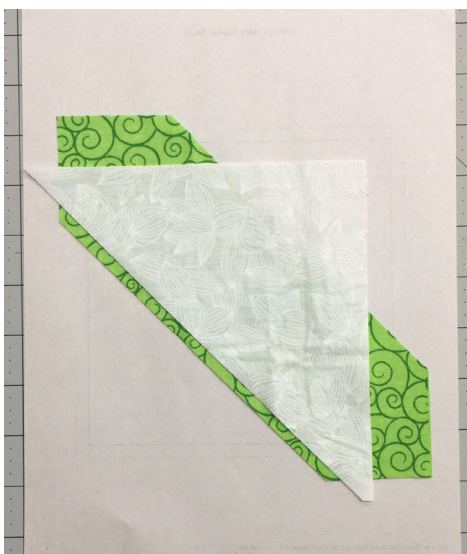
2. Using the glue stick, place a small amount of glue inside the lines of "A1" on the paper pattern - on the wrong side of the paper. Placing the paper on the light source will help you be able to see the lines and where to put the glue. Place the Fabric B piece right side up over where you placed the small amount of glue. You should be able to see the outline on "A1" through the wrong side of the paper and the right side of the fabric. Make sure that the placement of Fabric B is a 1/4" over the lines of "A1" on the paper (this will be the seam allowance). The templates used to cut these pieces allow for a 3/8" seam allowance, so you should have plenty of fabric to do this.

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- Using the light box to see the lines of "A1", place a small line of Elmer's school glue outside of the lower left "A1" boundary line, within a 1/4" of the line.



- Take one Fabric A white piece and place it wrong side up, with the diagonal edge following the glue line you just made. The diagonal edge should be a 1/4" - 3/8" from the "A1" boundary line (this will be the seam allowance).



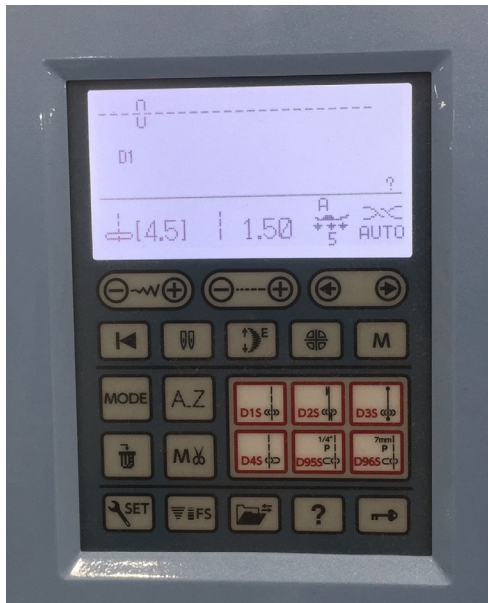


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5. Take the pieces to the pressing board and lightly press the edges where the glue line is for 2-3 seconds to set the glue.



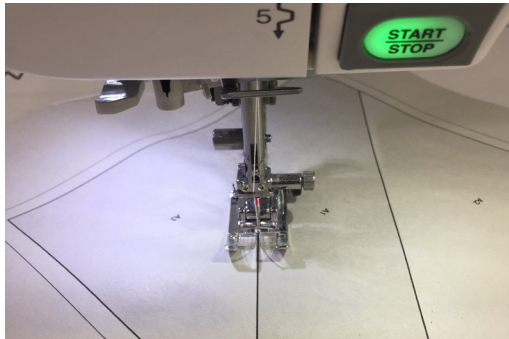
6. Take the paper pattern to the MC8900QCP SE and use the Standard Foot A. Decrease the stitch length to 1.5.



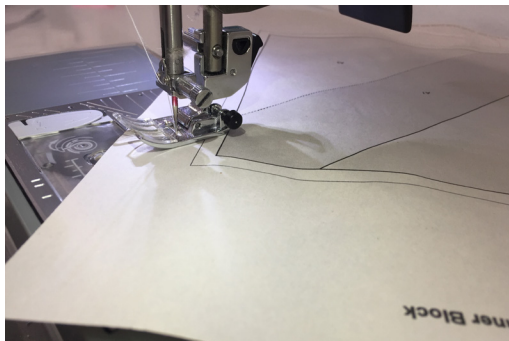
\*Note: The stitch length is decreased so that the paper is perforated more during sewing. This will make it easier to tear the paper away from the stitching at the end.

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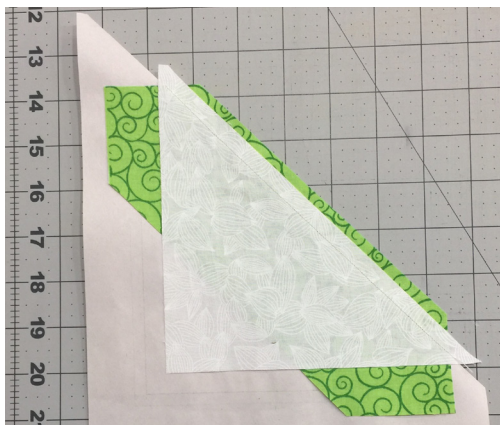
7. Turn the paper pattern to the right side (the fabrics will be facing down) and begin sewing with the shortened stitch length 1/2" outside the outer box on the paper pattern. Then sew directly on the lower right line that is shared between sections "A1" and "A3".



8. Continue sewing off the box, about 1/2".

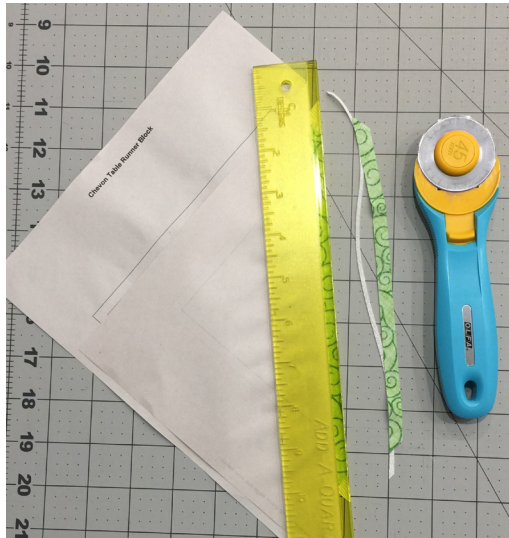


9. Take the paper pattern to the cutting mat and place the fabric side up. Fold the "A3" section back under the seam allowance you just sewed.



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10. Boot the Add-A-Quarter ruler up against the seam allowance and trim the small amount of excess fabric away with your rotary cutter.



11. Unfold the paper and press the Fabric A open.



\*Optional: You can place a small line of glue with the glue stick under the Fabric A that was just pressed open to keep the fabric in place while piecing. This is a good practice to do so you do not have to keep checking to make sure the fabric is in the correct place while it's face down at the sewing machine.

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12. Place the fabric side up again on the light box and draw a small line of Elmer's School Glue just outside the remaining "A1" boundary line. Place the other Fabric A piece RSD with the diagonal edge just over the glue line. Press the iron for 2-3 seconds to set the glue.



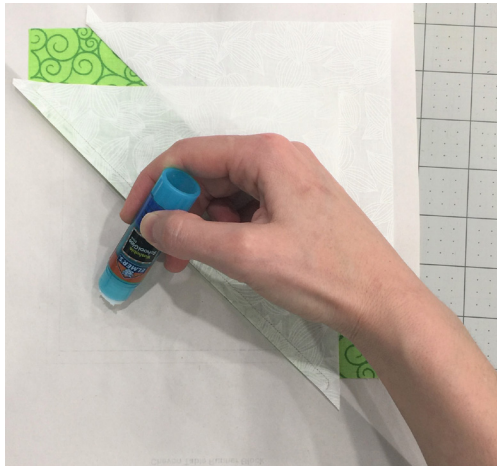
13. Repeat steps 7-10, but sew on the line that is shared between sections "A1" and "A2".





## Chevron Table Runner

14. Place a small amount of glue stick glue on the fabric side of the paper within the "A2" section prior to pressing the fabric.

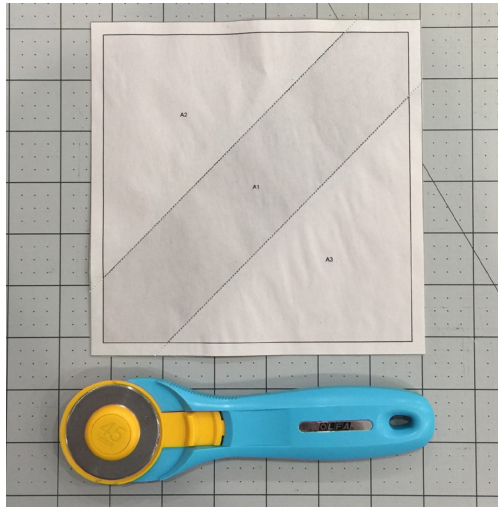


15. Press the Fabric A down to complete the piecing portion.

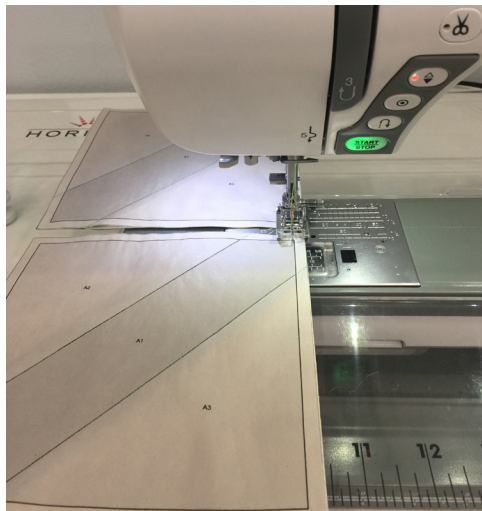


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16. Flip the block over so that the fabric side is facing down. Using a ruler, trim away the excess paper (and fabric) outside of the outer lines of the block.

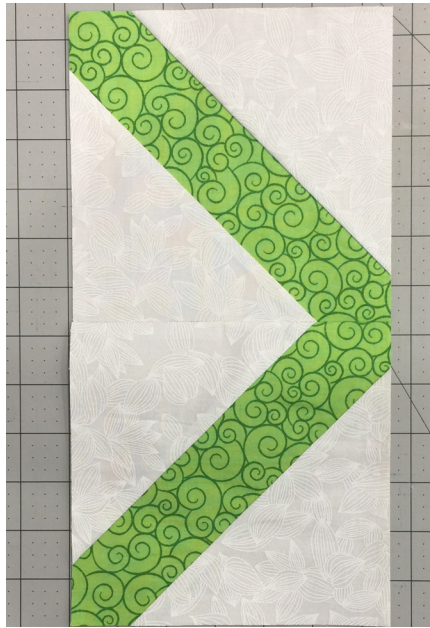


17. Repeat steps 1-16 three more times using Fabric A and Fabric B.
18. Take two of the completed blocks made in step 17 and place them RST. Secure them for sewing by placing a small line of school glue within the seam allowance. Press with the iron for 2-3 seconds to set the glue.
19. Sew the two blocks together with a 1/4" seam allowance by following the black line on the edge of the paper.



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20. Repeat steps 18-19 with the remaining two blocks from Fabric A and Fabric B, being sure to follow the layout of the blocks in the diagram. Press when completed.



21. Repeat steps 1-20 with Fabric A and Fabric C to complete 4 blocks.
22. Repeat steps 1-20 with Fabric A and Fabric D to complete 4 blocks.
23. Repeat steps 1-20 with Fabric A and Fabric E to complete 4 blocks.
24. Place the completed blocks from steps 20-23 RST and sew together with a 1/4" seam allowance, again using the glue and iron to baste in place.

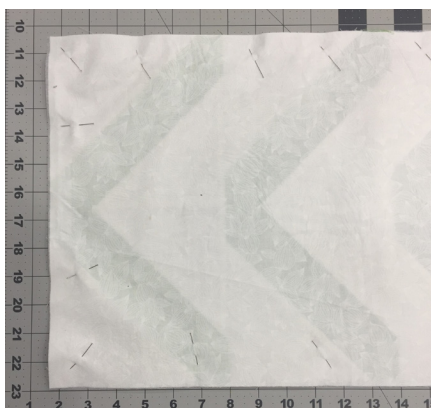


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25. Carefully tear all the papers away from the fabrics.
26. Once the top of the table runner is completed, press all of the seams.

### Fusing the Interfacing and Completing the Table Runner:

1. Take one of the Pellon P44F fusible interfacing pieces and cut at 12 1/2" x 48 1/2" and apply it to the wrong side of the pieced table runner top, following the manufacturer's instructions.
2. Fuse the remaining Pellon P44F 12 1/2" x 48 1/2" piece to the wrong side of the 12 1/2" x 48 1/2" Fabric A for the back of the table runner, following the manufacturer's instructions.
3. Place the front of the table runner and the back RST and pin in place.



4. Install the 1/4" Foot O and select machine setting D95S on the MC8900QCP SE. Sew around the entire perimeter of the table runner, with the exception of a 6" space for turning the table runner RSO.



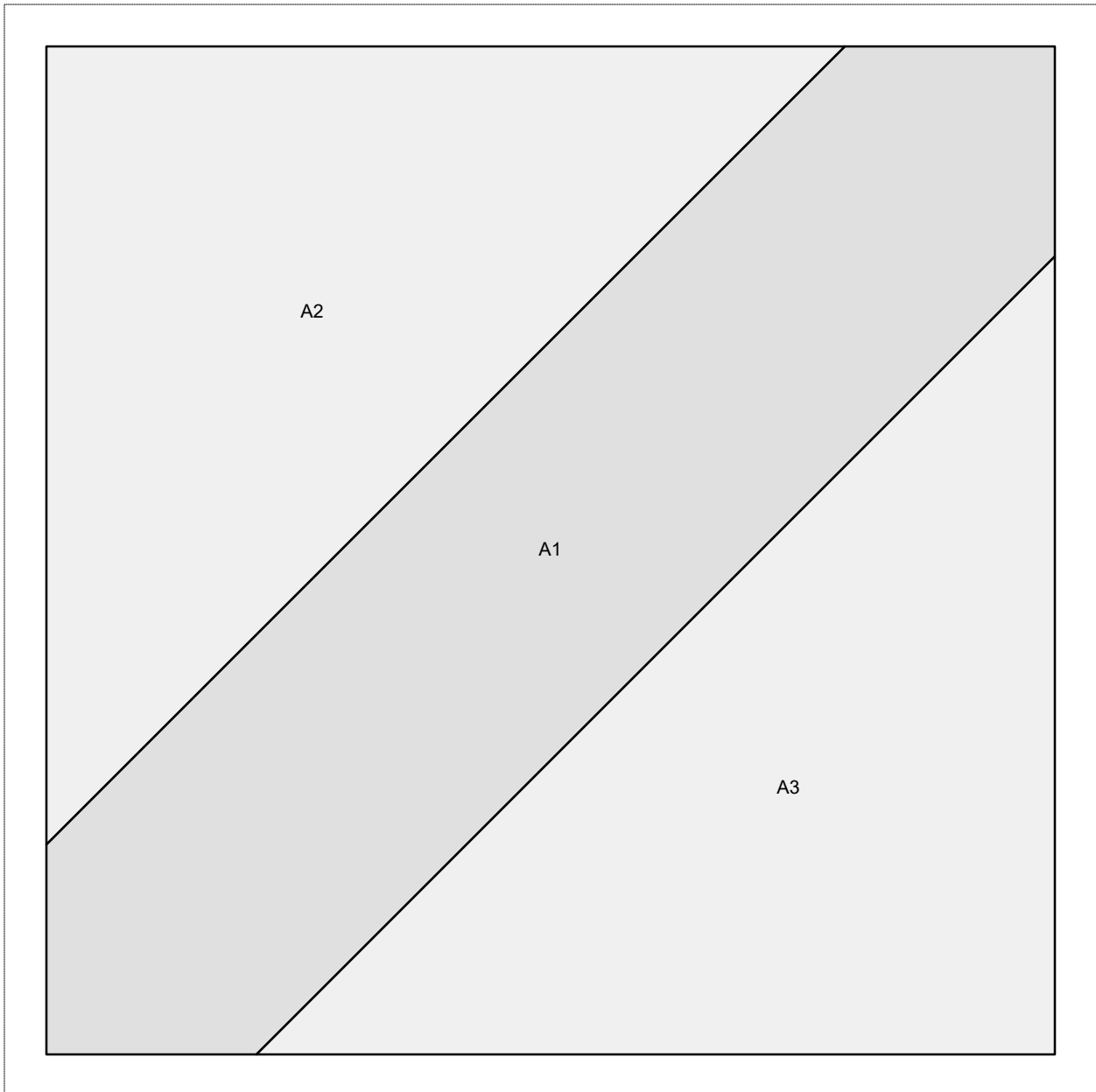


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5. Turn the table runner RSO and press the edges. Press open the edges in and pin in place prior to topstitching.
6. Set the machine to D1S. Switch to Foot A and use a contrasting (or coordinating) thread to topstitch 1/8" from the outer edge, all the way around the table runner.



# Chevon Table Runner Block



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Key Block (29/50 actual size)

