

# Embroidered Fabric Bracelet

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With so many fun and inspiring fabric prints available, why not expand enjoying fabrics to wear as jewelry. This is a fun and speedy project to make embroidered or plain fabric bracelets for gifts (or to enjoy yourself). Adding embroidery motifs to plain fabrics offers many fun and customized options (including a reversible embroidery option as well). The inspiration for the pattern is via Lotta Jansdotter (Fabric Bracelets pattern from the book Lotta Jansdotter Everyday Style). Supplementary notes and tips are included.



Time: 3 hours  
Skill Level: Beginner

## Janome Supplies Required:

- Sewing machine needles (size matching selected fabric)
- Sewing machine with decorative stitches (Skyline S7 was used)

## Fabric and Notions Required:

- Book, Lotta Jansdotter Everyday Style (Fabric Bracelets, pg.30-33)
- 9" of fabric (or more, depending on the quantity of bracelets desired) / Duck cloth, canvas, linen. Quilting cottons could also be selected.
- 6"x6" of a canvas square for embroidery stitch exploration
- Matching and contrasting thread
- Iron/Marking pen/chalk/French curve ruler
- Rotary cutter/ruler/mat
- Clover Finger Presser tool
- Needle Nose pliers (two pliers are more helpful in opening jump rings but one plier may be used if two aren't available)
- Hardware: 6mm jump rings, 10mm jump rings, 15mm Lobster clasps, 8mm or 22mm Ribbon closures

## Sample Notes:

- Fabrics:
  - Linen: Robert Kaufman Essex Yarn Dyed Linen Steel
  - Natural: Canvas
  - All other samples are Duck cloth



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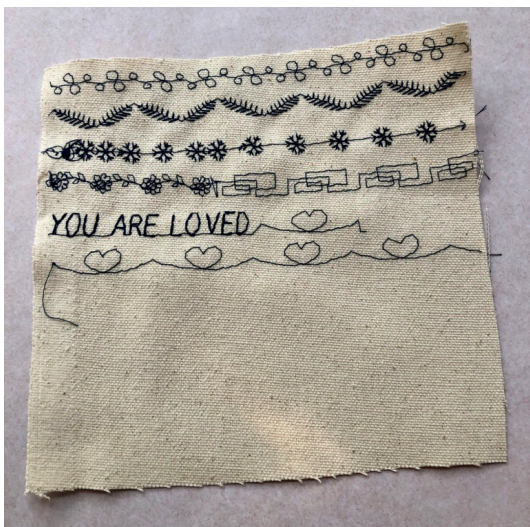
- The sample photo shows Copper findings at a 20mm ribbon closure. Silver findings include an 8mm, 13mm, and 22mm ribbon closures
- Multiple fabric prints were selected with the intention of wearing the bracelets together.
- The embroidered sample utilizes the “handmade” motif on one side of the bracelet and a thread spool, sewing needle, and scissor motifs on the alternate side of the bracelet (for a reversible bracelet).

## Pattern Prep Tips:

1. The base instructions are on pages 30-33. The length of the bracelet needs to match the wearer’s wrist circumference plus positive ease. The samples were made for a 6” wrist. The length of the fabric was cut to 6.75” for  $\frac{3}{4}$ ” wearing ease. More or less ease can be added to the bracelet length, depending on the wearer’s preferences.

## Machine Preparation Tips:

- Prior to starting sewing, use the recommended 6”x 6” of canvas fabric to adjust and set the stitch tension on the standard sewing machine. This sample can also be utilized to test stitch patterns, embroidered phrases and thread colors.



- Sewing the embroidery stitches at a medium or slow speed results in more consistent stitches. To set the speed control for students the Speed Control Slider may be utilized (pg.7).

## Cutting Instructions:

Note that the length of the bracelet will vary, depending on the wearer. Make sure that the student measures their wrist and adds wearing ease to determine the fabric length to cut. The samples were cut for a 6” wrist with 0.75” of preferred wearing ease.

- The embroidered canvas bracelet was cut at the following dimensions: 2.5” x 6.75”
- Sample 1 (8mm ribbon closure) 1.5” x 6.75”
- Sample 2 (20mm ribbon closure) 2.5” x 6.75”
- Sample 3 (13mm ribbon closure) 2.5” x 6.75”
- Sample 4 (22mm ribbon closure) 3.5” x 6.75”



## Pattern Mods:

- For speed, the samples were made without adding interfacing to the wrong side of the bracelets. The sample bracelets are machine stitched closed (versus using fabric glue as recommended in the book). The linen sample was not embroidered but may be if desired. It is recommended to add interfacing to the wrong side of linen fabric if embroidering with the machine.
- The non-embroidered samples were cut at 4x the ribbon closure width. They were ironed in half lengthwise. Then the edges were folded to the center again (so that the length of the bracelets are folded into fourths. They are then folded with the edges folded to the center and stitched closed.
- The embroidered sample was cut and ironed in half lengthwise. The edges are not folded to the center but instead folded up  $\frac{1}{4}$ ”. This approach helps reduce bulk with the embroidered canvas fabric.

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## Sewing Instruction Notes:

### Sample 1 - 8mm ribbon closure, non-embroidered, Mustard Duck cloth

1. Cut out the fabric. The sample was cut at 1.5"x6.75"
2. Fold the fabric in half, lengthwise, and iron.
3. Fold the long edges to the center and iron again (so that the length of the bracelet is folded into fourths). The short edges of the fabric are left raw as they will be hidden inside the ribbon closures.
4. With the long edges tucked inside the center of the fabric, sew along the double folded edge at a 1/8" seam allowance.

### Sample 2 - 20mm ribbon closure, embroidered canvas

1. Cut out the fabric. The sample was cut at 2.5" x 6.75"
2. Fold the fabric in half, lengthwise and iron.
3. Mark and fold up the raw edge to the center of the fabric at 1/4". The Clover Finger Presser tool is handy to use at this step to prevent burning fingers with the hot iron (while holding the small fold). After finger pressing the 1/4" fold, iron the folds.



4. Open up the fabric and set the presser foot along the right side of one of the larger areas of the fabric.
5. Pulling the top thread to the right, embroider the desired motif along the length of the bracelet (with contrasting thread). If a reversible bracelet is desired, select a second stitch motif to sew along the second area of the fabric.
6. Switch to matching thread in the bobbin and top thread.

7. With the raw, lengthwise edges of the fabric folded inside, sew along the double folded edge at a 1/8" seam allowance. The long, raw edges of the bracelet are hidden in the inside of the bracelet.

### Customizing the "handmade" embroidery spacing

The Skyline S7 includes a Pattern Combination Length feature to adjust the size of the motif to fit an area (pg.61). Upon testing the "handmade" motif on samples, it was noted that the 6.75" length spacing allots for 3 iterations of the motif. To help adjust the spacing for fit,

1. Select the Program Key.



2. Select the "handmade" motif 3 times into the screen.

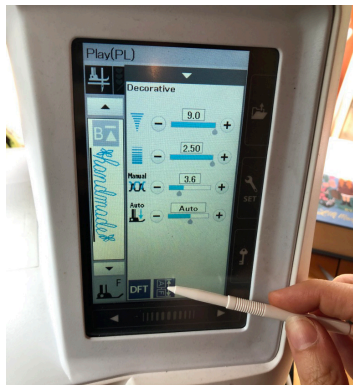


3. Select the up Arrow bar. fig 10

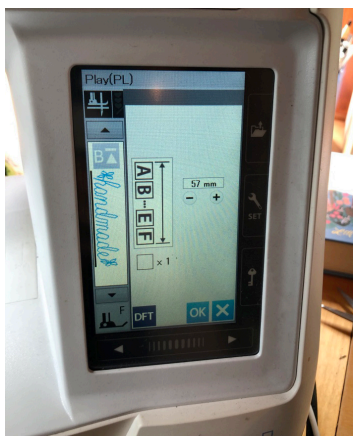


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4. Select the Pattern Combination Length key.



5. Measure the full length of the bracelet and divide by 3. For the sample,  $6.75''/3=2.25''$ .  $2.25''= 57\text{mm}$
6. Use the plus or minus keys to select 57mm for the length and select OK.



7. Press down the foot control to automatically sew the motifs at the modified spacing.

## Customizing the sewing bobbin, sewing needle, and scissor embroidery motifs

The Skyline S7 includes a feature to interchange embroidery motifs together (pg. 58).

1. Select the program key
2. Select the thread spool motif
3. Select the sewing needle motif
4. Select the scissor motif
5. Press down the foot control to automatically sew the motifs. The machine will repeat the motifs until the foot control is released.