Modern Zen Skinny Quilt By Nancy Fiedler

Supplies Needed:

- Any Janome sewing machine (The Memory Craft 8900QCP Special Edition was used for the sample)
- Janome embroidery machine such as the Memory Craft 500E
- SQ20b Hoop
- Blue Tip Needle
- Quarter Inch Foot "O"
- Satin Stitch Foot "F"
- AcuFeed AD Foot (or walking foot)
- AcuFeed SD Ditch Stitch Foot

Fabric and Notions Required:

- 15" square pink cotton
- 15" square green cotton
- 15" square purple cotton
- Three 2" x 7 1/2" light grey cotton
- Three 2" x 9" light grey cotton
- Six 2" x 2" white cotton
- Three 2 1/2" x 10 1/2" white cotton
- Four 2 1/2" x 12 1/2" white cotton
- Two 2 1/2" x 38" white cotton
- 18" x 40" cotton for backing
- 18" x 20" batting
- Three 2" x 45" cotton strips for binding
- Embroidery thread
- Bobbin thread
- All-purpose thread
- Terial Magic





Instructions

Fabric Preparation:

- 1. Saturate the 15" squares with Terial Magic.
- 2. Hang to dry for approximately 20 minutes.
- 3. Press dry.

Embroidery:

Designs Used:

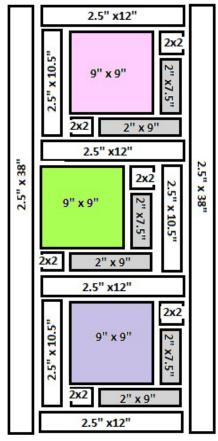


- 1. On the MC500E, open Word Art Category.
- 2. Select one of the Japanese Calligraphy designs for the SQ20 hoop.
- 3. Place a 15" square in the SQ20b hoop.
- 4. Embroider.
- 5. Repeat using the last two 15" squares and remaining two Japanese Calligraphy designs.
- 6. Cut the embroidered squares into 9" squares, centering the design.

Quilt Top:

- 1. Thread the sewing machine with all-purpose thread. Attach the 1/4" Foot "O" and select 1/4" stitch.

 1/4" |
 P |
 C
- 2. Sew the pieces together as shown in the layout figure below.



3. Baste the quilt top, batting and backing.

Quilting:

- 1. Thread the machine with white thread and attach the AcuFeed Ditch Stitch Foot SD.
- 2. Select the straight stitch and adjust the length to 3mm.
- 3. Stitch in the ditch, around each colored square.
- 4. Attach the AcuFeed Foot AD.
- 5. Use the edge of the foot as a guide, echo the quilt around each colored square.





- 6. Continue straight line quilting in borders.
- 7. Change the thread color to match one colored square.
- 8. Select a decorative stitch. The stitch used in the sample is Quilt mode 132132.
- 9. Quilt the colored squares with the decorative stitch.
- 10. Sew the binding strips into a continuous strip.
- 11. Attach the binding in a preferred method.
- 12. Add the hanging sleeve to the top and don't forget to sign and date the back.

