

Sashiko Quiltblock Placemats

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Janome Artisan



Janome's Kimberly Einmo Sashiko Inspired Quilting and Embroidery Kit is used in this project for a big graphic impact. Stitch out the Sashiko designs using a Janome Embroidery machine, and piece them together with traditional quilt blocks to make these cheerful sampler-style placemats. Complete your placemats by quilting them with a variety of patterns to complement the Sashiko work.

These stitched blocks can be used in a variety of ways. Combine a few placemat designs to make a runner; or separate out one block, double the batting, and use as a trivet. Try highlighting your favorite block on a tote bag or back of denim jacket. Have fun, and when you share your work on social media, please make sure to add the #janomemakes hashtag so we can see it too!

Time: Depends on the number of placemats that will be created.

Skill Level: Confident Beginner

Janome Supplies:

- Janome Embroidery Machine
(This Project was completed on a MC15000 using a SQ23 Hoop)
- Janome's Kimberly Einmo Sashiko Inspired Quilting and Embroidery Kit
- Janome Ruler Work Kit
- Janome Ruler Foot
- 1/4" Foot
- Janome Free-Motion Foot
- Blue Tip Needle
- Purple Tip Needle

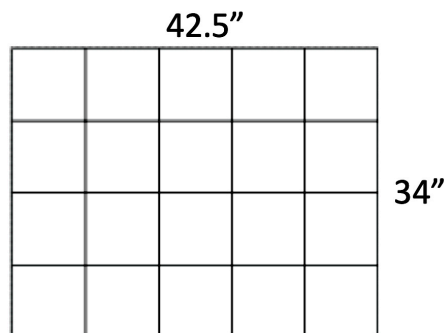
Fabrics and Notions:

- Fabric for Embroidery (Solids Recommended): 1 yard quilting cotton, when using white thread we recommend using a medium to dark fabric for contrast
- Fabric For Pieced Blocks: coordinating 8-10 Fat Quarters, or 2.5 yards of quilting cotton
- Backing Fabric and Sashing: 2.5 yards of quilting cotton
- Low to medium loft quilt batting: 3 yards
- Basting spray
- 8.5" x 8.5" ruler, or square ruler larger than 8.5" x 8.5"
- Rotary cutter, ruler, cutting mat
- White embroidery thread and bobbin thread, cotton quilting thread
- General sewing notions

Embroidery Instructions:

- The hoop preference for the designs in this project is the SQ23 Hoop, which allows for easy hooping with quilting projects due to being able to secure fabrics with the magnetic clamps.
- Spray baste 1 yard of batting to the one yard of the solid embroidery fabric to prepare for the embroidery work.
- Set up the embroidery machine with the files for the Sashiko Embroidery Designs.
- Use a new Blue Tip Needle, embroidery bobbins in the bobbin case, and white embroidery thread.
- Hoop one section of the batting/fabric combination in the corner to prepare for stitching.

* Note about hooping: All 20 designs will fit within 1 yard of fabric if placed evenly. Each stitched-out design will be trimmed down to an 8.5" x 8.5" square to prepare for quilting into the placemat. See below diagram for reference.



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Cutting Instructions:

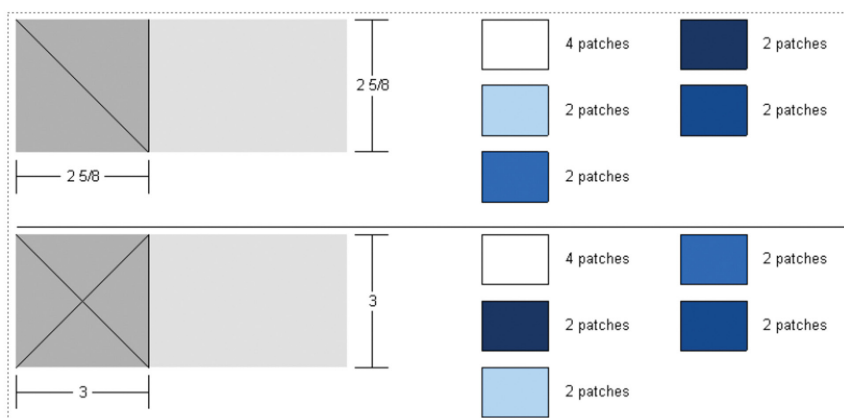
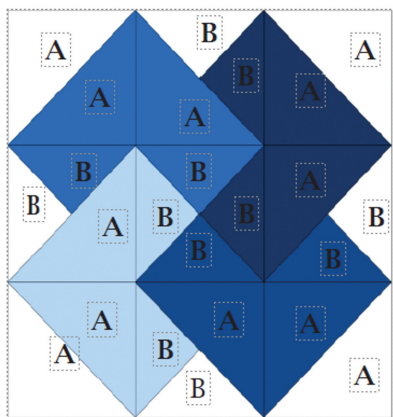
- After completing all the embroidery stitch-outs, center each design within the 8.5"x8.5" ruler. Cut around the edges with the rotary cutter to make an 8.5" x 8.5" block.
- From background fabrics cut the following:
 - 8 center strips at 2" x 13.5"
 - 16 accent rectangles at 3.5" x 5.5"
 - 8 backing pieces at 18.5" x 13.5" (we recommend not cutting until after top is pieced)

Quilt Block Assembly:

For each pieced designed block, follow the directions listed for each design to an unfinished 5.5" x 5.5" block. Piece blocks using a 1/4" seam allowance. Press seams to darker side when possible to help with bulky seams. Piece one accent rectangle to preferred side of each pieced block as shown in final photo.

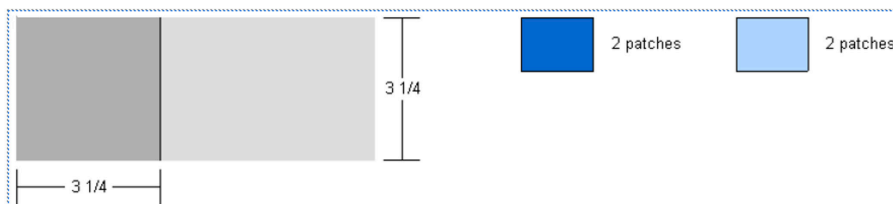
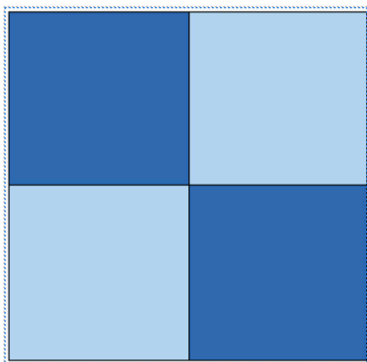
Block 1 - Card Trick Block:

Each square is a form of a half-square triangle. Stitch together "B" blocks first. Attach to a coordinating "A" block. Layout to match pattern, stitch blocks together.



Block 2 - Easy Four Patch:

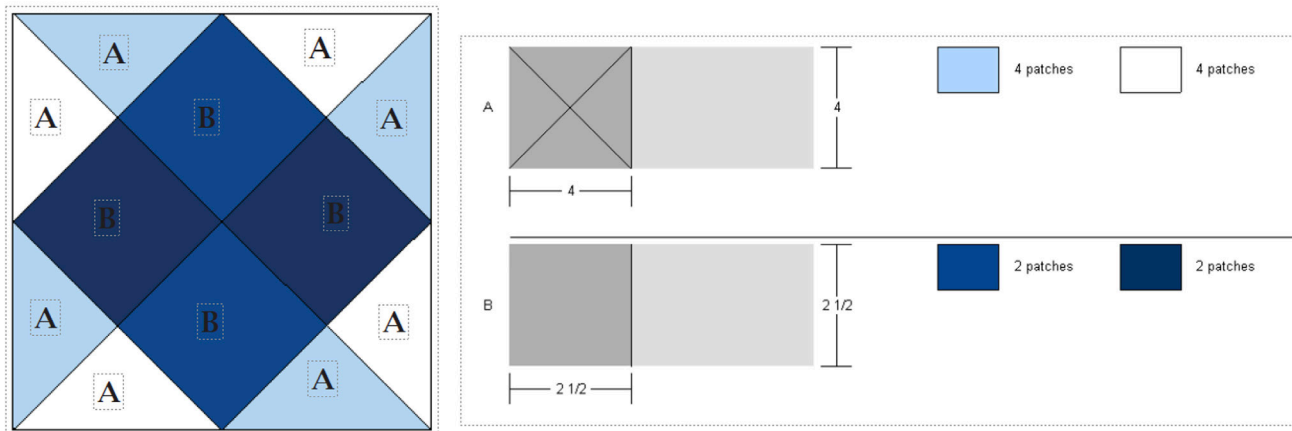
Easy four patch block. Cut all blocks the same size. Layout the pattern, stitch row together, stitch top to lower row to complete.



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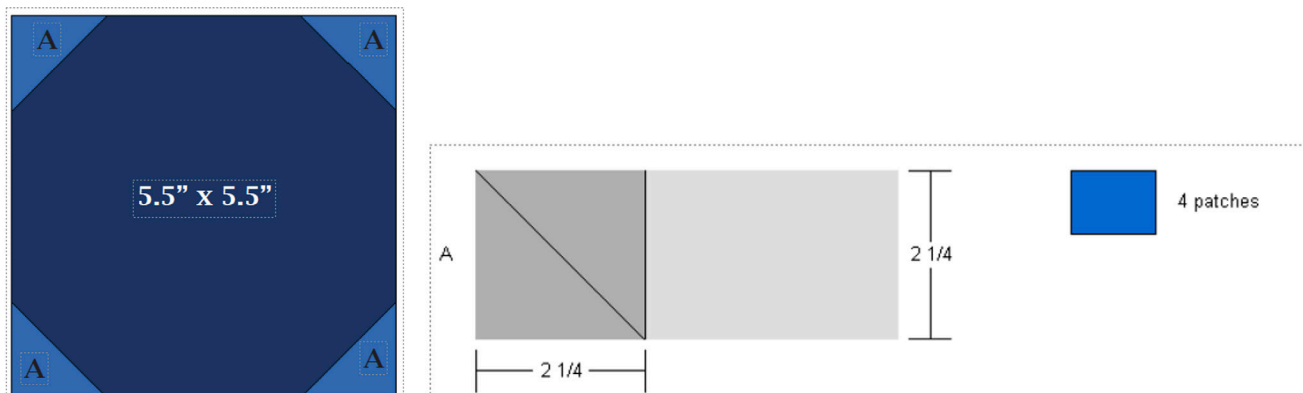
Block 3:

Piece together "A" blocks to make larger triangles, set aside. Next stitch together "B" blocks. Line up "A" triangle on sides of "B" blocks, matching up seams. Stitch together each "A" triangle to complete block.



Block 4 - Snowball Block:

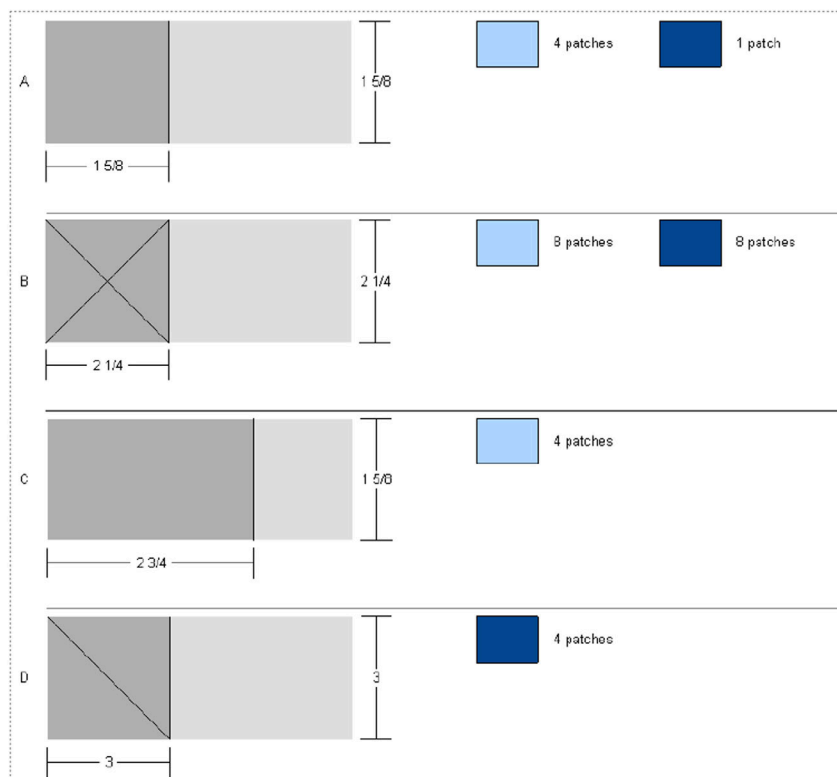
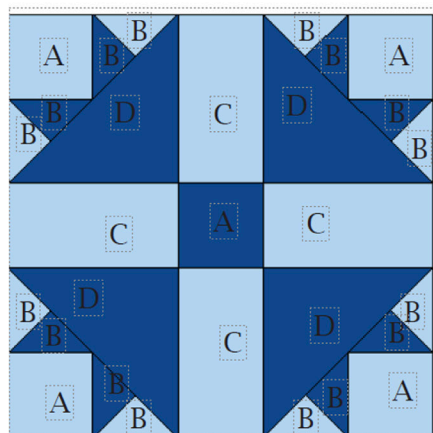
Larger background block measures at 5.5" x 5.5". Lay "A" triangle right sides together on top of larger block, so that triangle tips overlap the sides evenly to around 1/4". Stitch seam line at 1/4" inside of the smaller triangle corners. Fold back fabric to confirm even fit. Press in place and snip away excess background block fabric.



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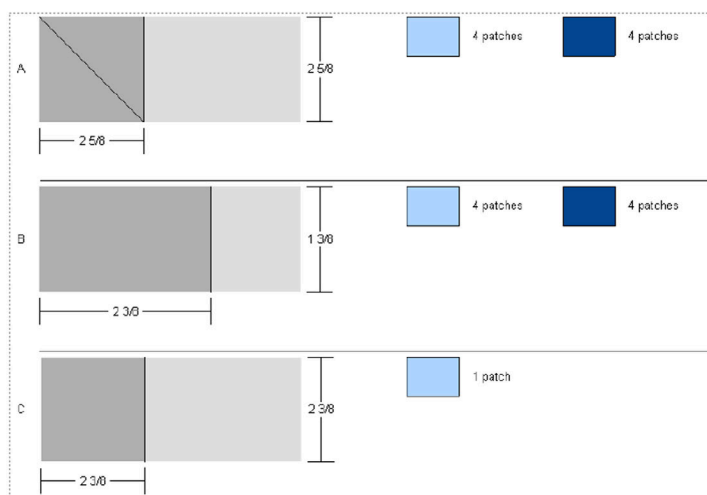
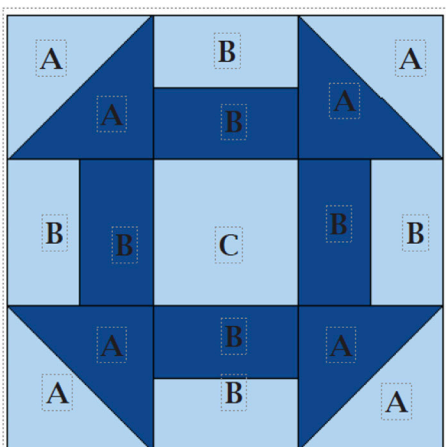
Block 5 – Cross and Crown Block:

- Stitch together “B” units first. Attach to sides of “A” outer units.
- Stitch “A&B” unit to long side of “D”.
- Make rows by connecting units shown above using one combination block, to “C”, to next combination.
- Stitch center row by sewing together “C” to “A” to “C” for middle row.
- Sew all rows together to complete block layout.



Block 6 – Churn Dash Block:

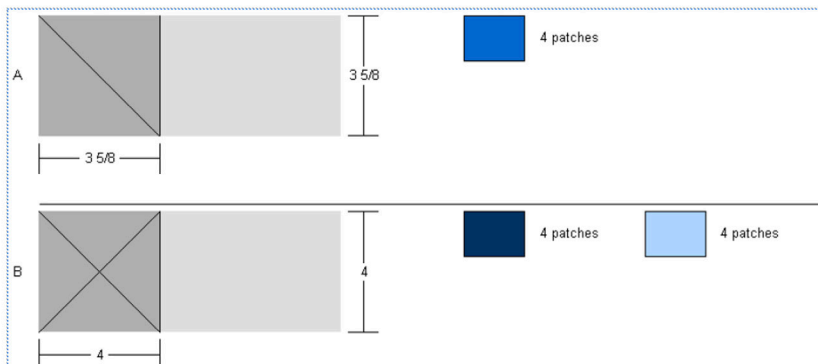
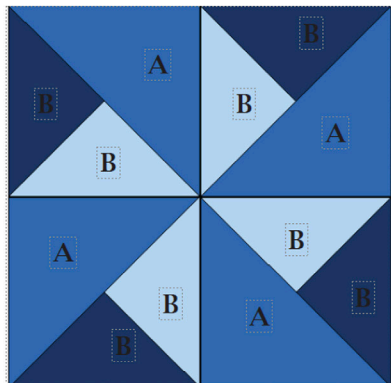
Make half-square triangle “A” units by sewing together triangles on long side. Attach a lighter “B” unit to a darker “B” unit. Make rows following diagram above to complete the block



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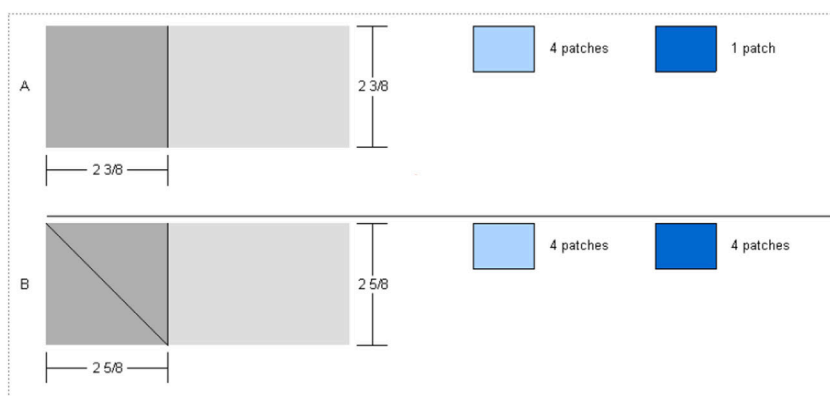
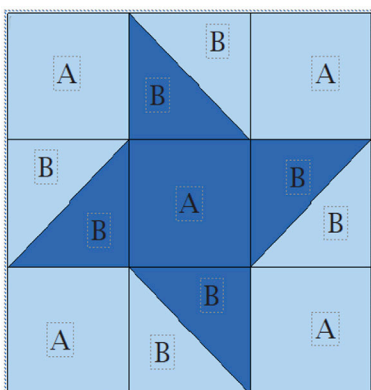
Block 7 – Double Pinwheel Block:

Sew the “B” to “B” units together first. Attach to a coordinating “A” triangle. Sew blocks together to form rows. Sew rows together to form blocks.



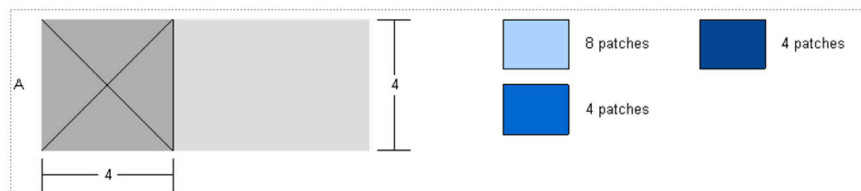
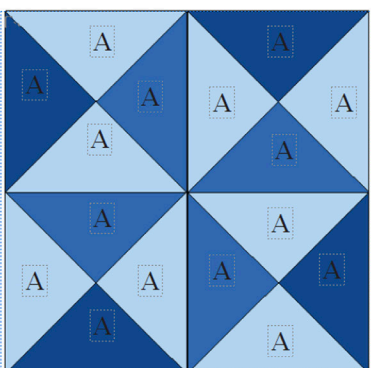
Block 8 – Friendship Star Block:

Sew the “B” triangles together as shown. Layout blocks to achieve above pattern, Sew rows together to complete the block.



Block 9 – Big Dipper Block

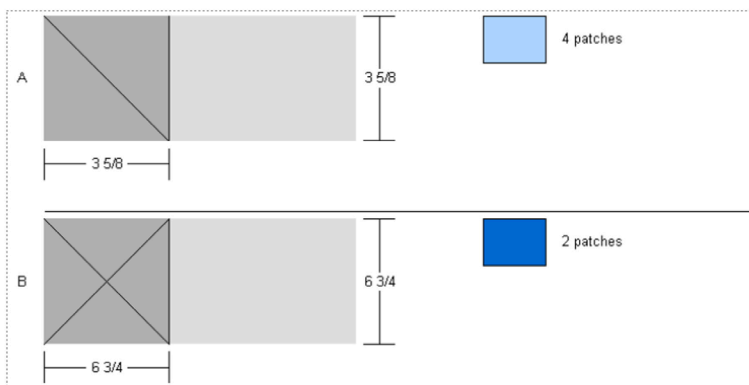
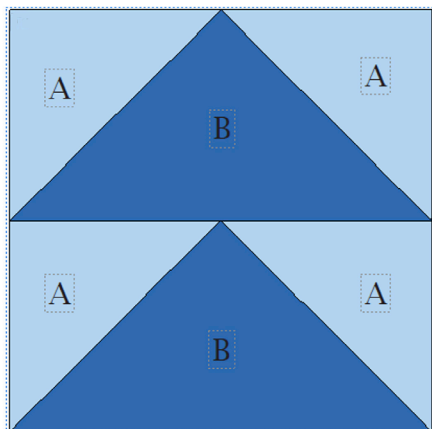
Carefully lay out all triangles to make design shown above. Sew each “A” unit to a coordinating “A” unit based on diagram to make blocks. Sew together blocks to form rows. Sew rows together to complete the blocks.



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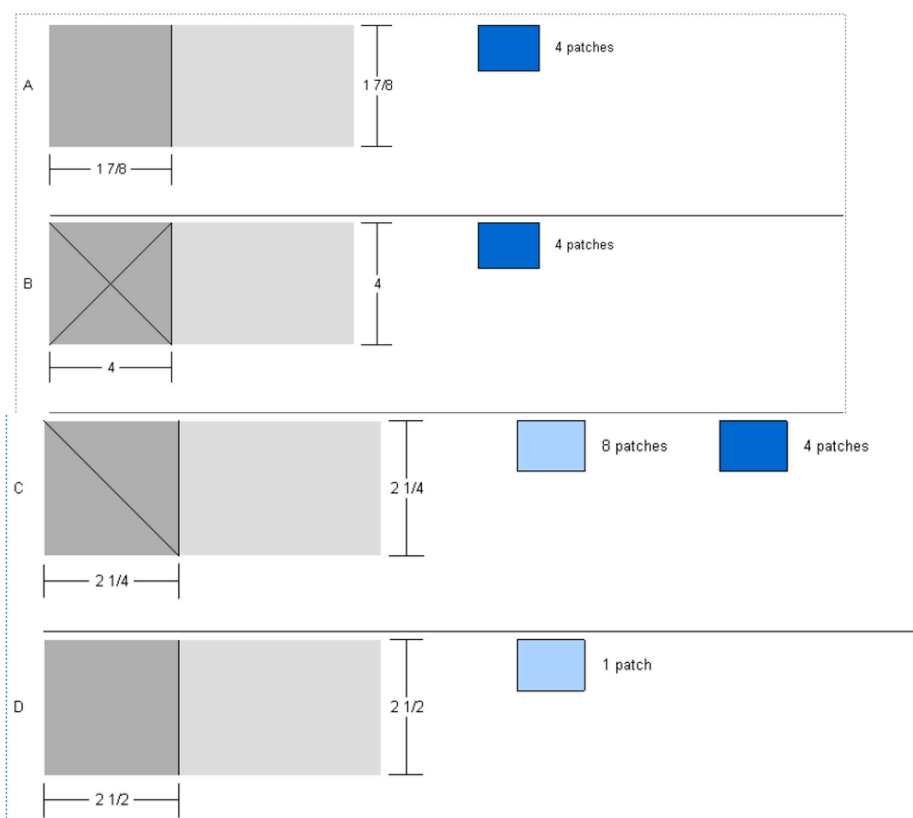
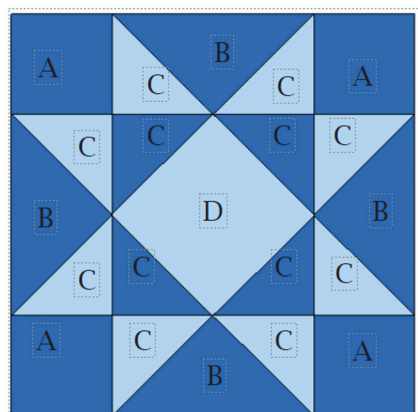
Block 10 – Flying Geese Block:

Sew “A” triangle to each side of “B” larger triangle to form unit. Sew larger units together to form block as shown.



Block 11 – Sawtooth Star Block:

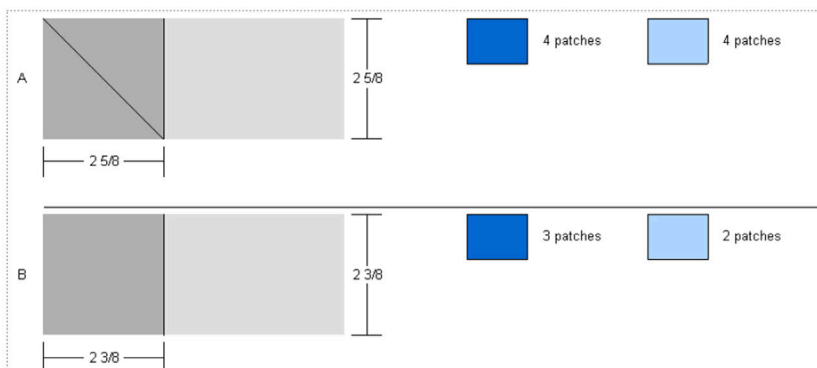
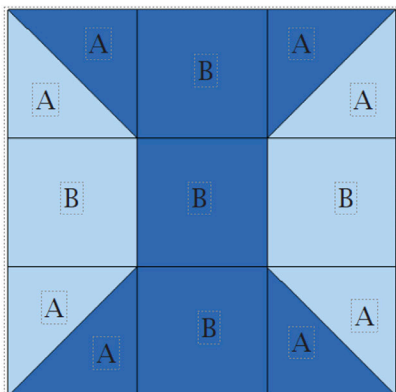
Starting with center “C” and “D” unit, sew the “C” triangles to sides of “D” unit. Next complete the “C” and “B” unit by sewing the lighter “C” triangles onto the “B” larger triangles. Make rows as shown in design. Sew rows together to complete the block.



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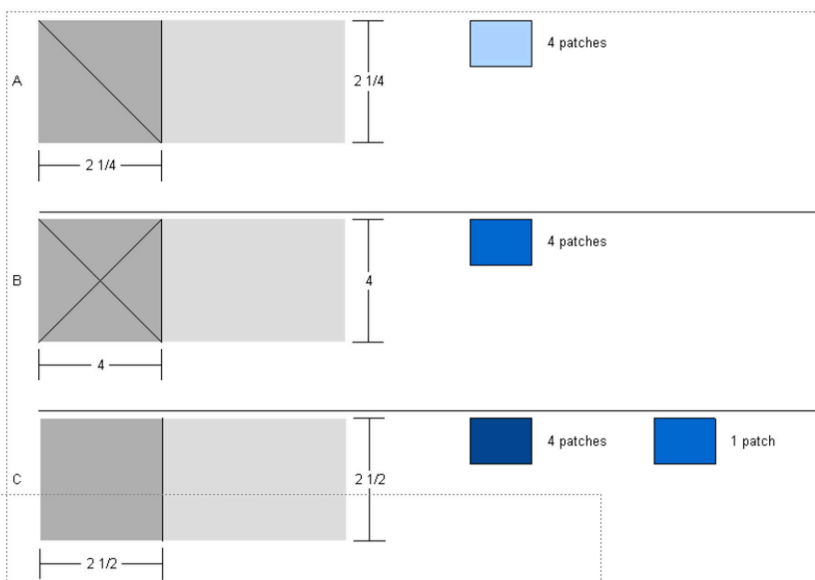
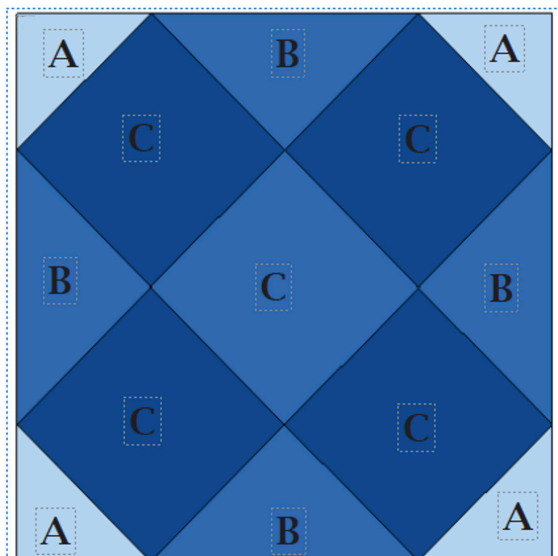
Block 12 – Spool Block:

Stitch together “A” units to form half square triangles. Sew blocks together to form rows based on diagram above. Sew rows together to complete the block.



Block 13:

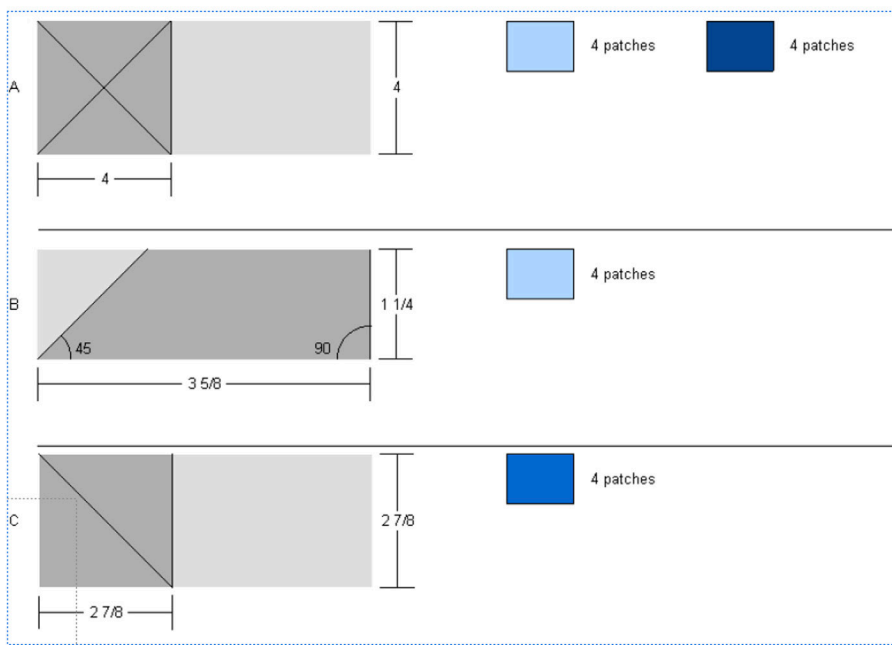
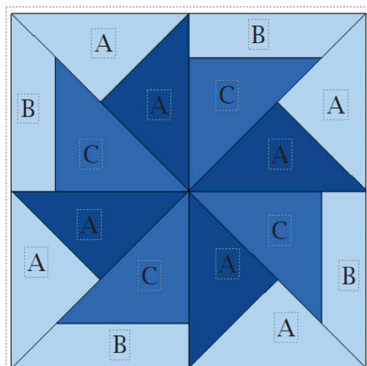
Stitch triangles and blocks together on point by sewing triangle “B” to “C” then “B”. Next sew “A” to “C” to “C” to “C” to “A”. Sew “B” to “C” to “B”. Finish by sewing rows together and stitching remaining “A” blocks on corners.



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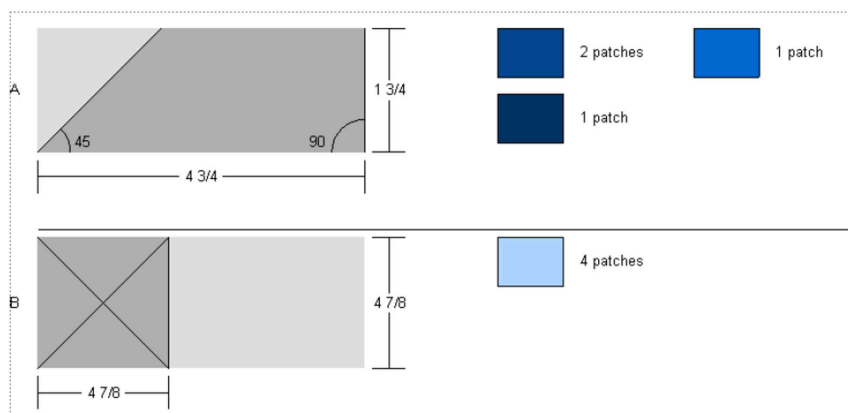
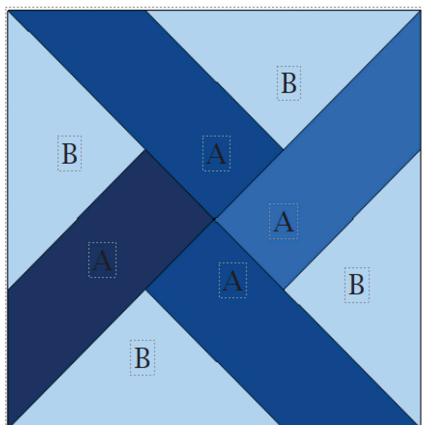
Block 14:

Stitch together "A" units. Stitch "B" on "C" unit. Sew "A" combination to the long side of the "B & C" combination to form smaller block. Attach 2 blocks together to make a row. Sew rows together to complete the block.



Block 15 - Whirlwind Block:

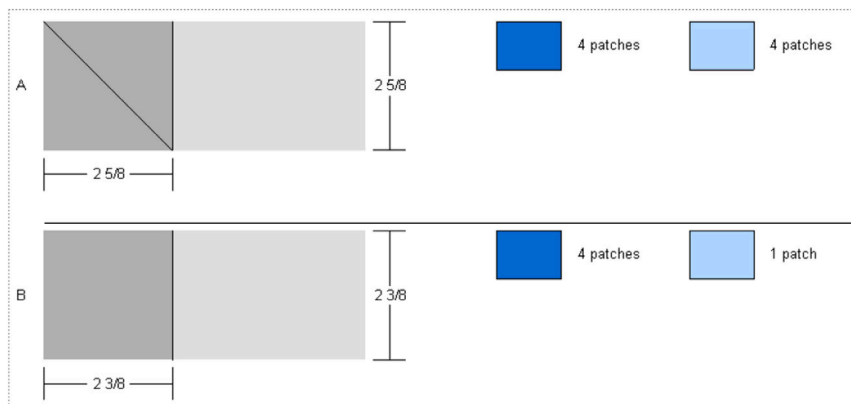
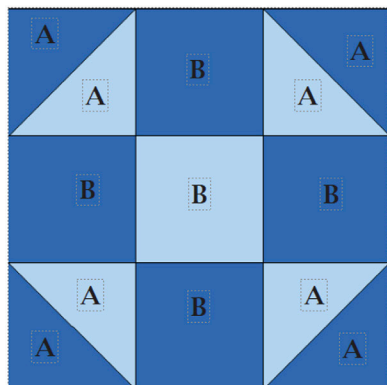
Sew "A" strip to the side of a coordinating "B" triangle. Sew one "A&B" triangle to another "A&B" triangle, paying attention to diagram layout for rotation. Attach one larger unit to the other, carefully lining up seams to complete the block.



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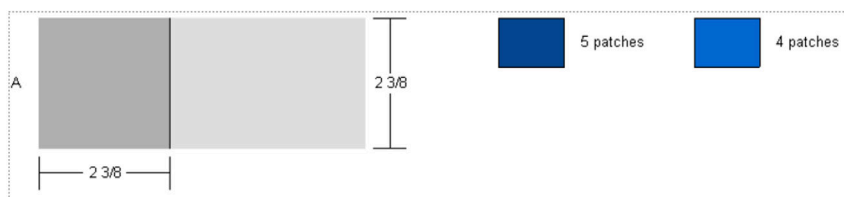
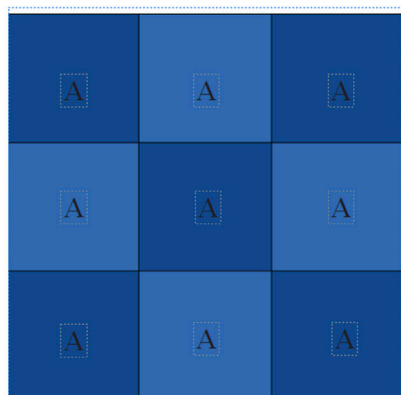
Block 16 – Shoo Fly Block:

Stitch together “A” units to form half square triangles. Lay out each smaller block to achieve below diagram. Stitch the block together to form rows. Sew rows together to complete the block.



Block 17 – Simple 9-Patch Block:

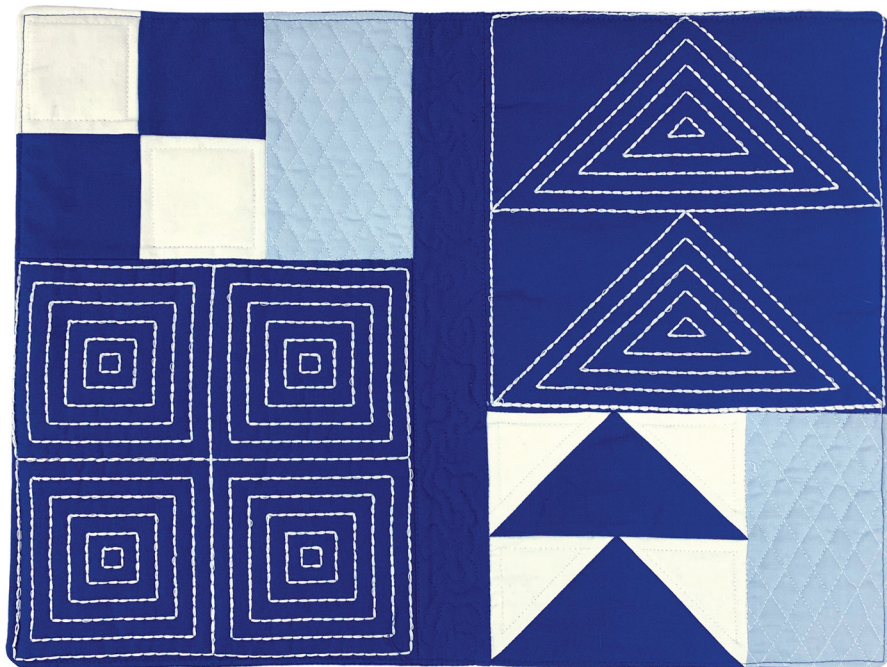
Line up each “A” unit as shown in above diagram. Sew together in rows of 3 as shown. Stitch together rows to complete the block..



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Piecing the Placemat Tops:

Each placemat is easily pieced together with 2 embroidery blocks, 2 quilt blocks, two cut rectangles, and one strip of sashing down the center. Mix and match blocks and designs as desired. See diagram below for layout of placemats.



Finishing Placemats:

Measure each top to confirm size. Each top should measure at approximately 18.5" x 13.5", Cut backing material and batting at the same size as tops.

- Place right side of backing fabric on right side of pieced top. Place one piece of batting on wrong side of pieced top. Using a straight stitch, stitch around the edges at 1/4" seam allowance, leaving a 6-inch opening on one side to allow for turning the fabrics right side out. Turn fabrics right side out. Press the opening closed, and then top stitch all the way around the edges to close.
- To finish the quilting of the placemats, multiple options can be used depending on preference. The Janome Ruler Work Kit was used with the Ruler Work foot to outline the piecing of the quilt, as well as a Free-Motion foot to do a meandering stitch to fill up blank space. Quilt through all layers to complete the placemats.