

Red and White

SQUARE IN A SQUARE QUILT

Created by **Monique Trudel**



Janome Maker Monique brings over 30 years of quilting expertise as a visionary long-arm quilter, pattern designer, author, and educator. Known for her inspiring designs and passion for teaching, she's dedicated to helping quilters of all levels create beautiful pieces.

Finished Size: 44" x 55"

Skill Level: Confident Beginner

This eye-catching quilt pattern is perfect for showcasing your favourite jelly roll! With a simple yet striking design, you'll learn how to piece on the diagonal for bold, dynamic results. Whether you're a confident beginner or a seasoned quilter, this approachable pattern delivers impressive impact with straightforward construction.

Materials and Tools ...

- 0.5m (4pcs) coordinating red quilting cotton
- 1.5m of white or background quilting cotton
- 6" x 24" acrylic ruler with a 45° angle on it
- Rotary Cutter
- Marking Tool
- 1/4" piecing foot O with or without guide
- Spray starch or alternative
- Basic Sewing kit

Prepare fabrics by spraying starch on each piece and iron individually, set aside. → **All seams are 1/4"**



Cutting Instructions ...

Step 1: With selvage edges together of one red fabric, place your long 24" ruler along the edge to cut a 2 1/2" strip the width of the fabric. (WOF) Cut 5 x 2 1/2" strips WOF from each red fabric.



Step 2: Repeat the same for the white background fabric and cut 20 strips 2 ½" WOF.

Step 3: Label each Red colour 1 thru 4.

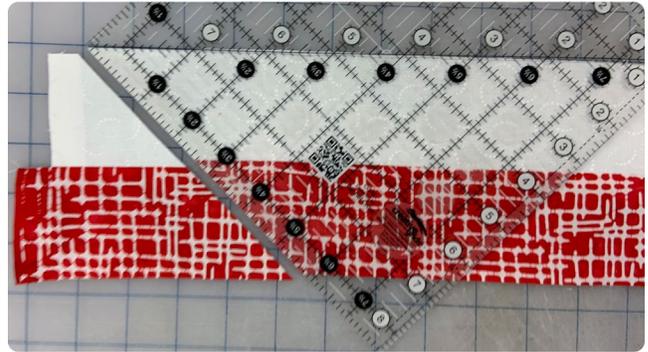


Step 4: Set your Janome Sewing machine to ¼" seam allowance and your ¼" foot. Sew together along long edge a white strip with one red strip. Repeat for each colour. Iron seam to the red fabric. Create four red and white strip sections label #1, #2, #3 and #4.

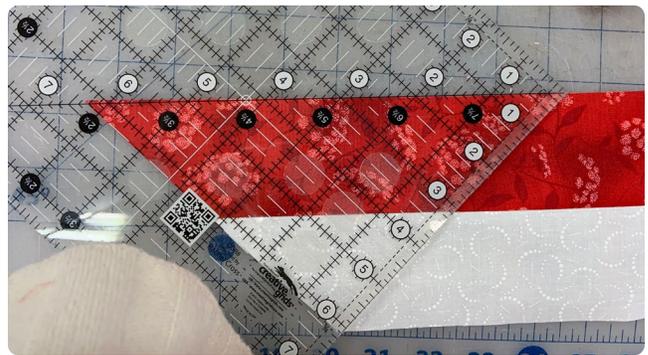


Cutting the Triangles

Step 1: Lay the acrylic ruler on top of the #1 section so that the 45' line is parallel with the seam or edge of the strip. Trim to the left of the ruler.

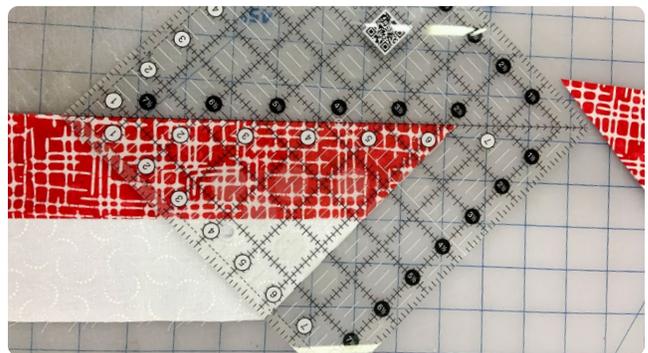


Step 2: Place the 45' line so that the total length is on the 6 ¼" from point to point.



Step 3: Cut across the section paying attention that the ruler does not move.

Step 4: Turn ruler so that the 45' angle is now creating a 90' corner and again the diagonal line is 6 ¼" and cut.



Step 5: Repeat for the remaining strips.



Step 2: Match the 4 squares of section #1 and #2 to make one block so that the centre of the block is all the same fabric.



Step 3: Sew the 4 squares together to make one block.

Step 4: Trim block to 11 1/2" x 11 1/2"

Step 5: Repeat for remaining blocks. Make a total of 20 blocks.

Assembling the Quilt Top

Step 1: Place the 20 blocks in a pleasing manner and sew each block to make 4 rows of 5 blocks. Press each seam in a row alternating direction of each row so that the seam in a row will nest with the adjacent row.

Step 2: Sew each row together and press.



Piecing it Together ...

Assembling the Blocks

Step 1: Sew together section #1 and section #2 triangles on the long edge of the triangle. Trim each square to 6" x 6".



Machine Quilt ...

Step 1: Layer the quilt top with your favourite batting and a backing. Baste using pins or basting stitches.

Step 2: Using your quilting foot or Ruler foot, Quilt all three layers together.

Step 3: Trim outside edges once all quilted and add a binding using your favourite technique.



Enjoy! Monique Trudel, JANOME MAKER