

Rope Bowl

WITH CUSTOM EMBROIDERY

Created by **Kim Jamieson-Hirst**



Janome Maker Owner of Chatterbox Quilts, Kim's quilting business is dedicated to helping quilters learn and improve their skills. Kim's is also a YouTube influencer whose upbeat personality and easy to understand tutorials attract viewers.



Finished Size: 8" Diameter x 2.5" Height

Skill Level: Confident Beginner

Create a personalized embroidered rope bowl. Fun to make, perfect for any occasion and so creative! With the Janome CM17's extensive library of embroidery designs, you can even combine patterns for a custom look.

This embroidered bowl is constructed in 3 stages: stitching the bowl base, stitching the embroidery, and stitching the bowl sides. You can customize the bowl size – base and sides -to suit the embroidery design that you've chosen and the desired height of the sides.

Sewing Accessories, Contnental M17 Features ...

- Zigzag/regular needle plate (for stitching the bowl)
- AcuFeed Holder and VD Foot
- Standard bobbin holder
- Straight stitch needle plate (for embroidery)
- P foot and high tension bobbin holder

Materials and Tools ...

- Cotton rope with polyester core 3/16"
- Polyester thread to match rope
- Bobbins with 60 weight or thinner thread
- Polyester threads for embroidery
- Water soluble medium weight stabilizer
- 40 weight cotton thread
- Washable glue stick
- Red tip needle
- Hand needle
- Scissors
- Seam ripper
- Embroidery design



Instructions ...

You'll need to choose an embroidery design for the base of your rope bowl. Do this first as it will determine the size of your rope bowl base.

You'll find lots of embroidery designs pre-loaded into the Janome CM17. Because you'll be embroidering on rope, you might want to avoid the quilting, couching, and sashiko designs as these won't show up very well on the rope base.

I combined two different designs for my sample: the "K" initial from the Alphabet Designs (Floral) for the centre of the base and then added the flower sprays from Alphabet Designs (Floral) 29 above and below the letter. I changed the thread colours of the designs from the original.



TIP: You can decrease or increase embroidery designs by up to 20%, so you could decrease a design to 80% or increase it to 120%.

Once you've decided on your embroidery design, you'll need to check the size and will then make the bowl base larger than this. For example, if your embroidery design is 5" square, you'll need a bowl base that is approximately 7" in diameter.

Stitching the Bowl Base

You'll first create the bowl base. For this, you'll set up your machine:

Needle Plate: Regular/zigzag needle plate

Machine Needle: Red tip needle

Top Thread: Polyester to match rope colour

Bobbin Thread: 60 wt. or thinner polyester thread (I like to use a light neutral colour for both the bowl construction and the embroidery)

Bobbin Case Holder: Regular (yellow dot)

Machine Foot: AcuFeed Holder and VD Foot or F or F2 foot with AcuFeed system activated

Stitch Selection: Straight stitch at 2.0 in length; Zigzag stitch with 5.0 for length and 3.0 for width

To start the bowl base, coil the rope into a small, tight circle. Do not cut the excess rope.



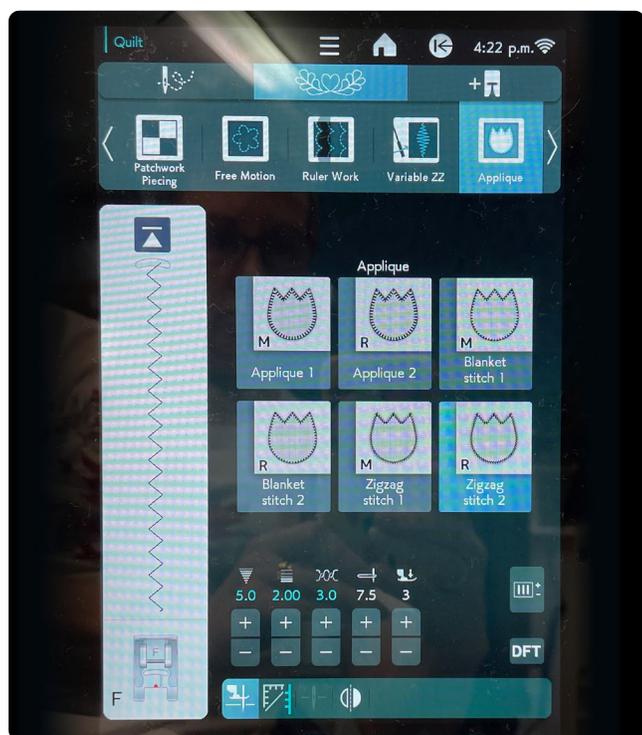
Place the coil under the needle, ensuring that the rest of the rope bundle is to the RIGHT of your needle in the throat space. Starting at one side of the rope coil, stitch across and back with a straight stitch at 2.0 length.

Return to the centre of the coil and stitch back and forth perpendicular to your previous stitching. Stop at where the remainder of the rope bundle joins the coil and lock your stitches. Leave the needle in the rope.



Now that the centre of the base is secure, it's time to start building out the bowl base. Switch to a zigzag stitch: on the Janome CM17, choose the Sewing Application menu, choose Quilt and then choose Appliqué and choose the R Zigzag Stitch 2.

NOTE: *Stitch slowly! Decrease your speed control (move it to the left) when you are stitching to make it easier to place the stitches evenly on both the bowl base and the new rope that you are adding.*



Once you've created a base large enough to accommodate your embroidery design, lock your stitches and pull the base out of the machine. Don't cut the rope!



When constructing the rope base, always keep the excess rope to the right side of the needle and ensure that there is always some slack. Gently guide the rope along as you zigzag stitch - don't pull on the rope as you are stitching or you can create a bubble in the center of the rope base.

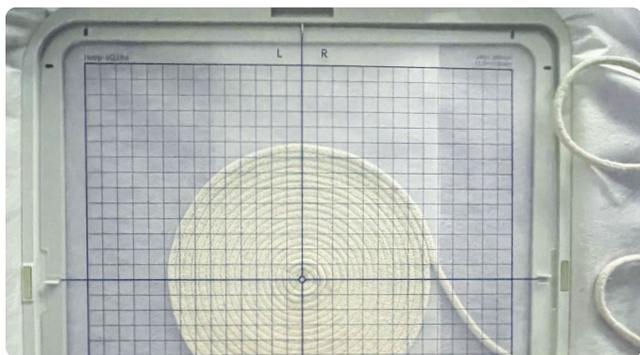
Embroidering the Rope Bowl

Now it's time for the embroidery but there are a few things you need to do before you get to this fun part!

You'll need to choose an embroidery hoop that is large enough to accommodate the rope bowl base - I used the SQ28d hoop. You'll also need medium weight water soluble/wash away stabilizer. You may need to use two layers of this stabilizer - more is better than not enough!

Hoop up your stabilizer in your selected hoop and then use the template to centre the rope bowl base on the stabilizer.

NOTE: You may want to mark a horizontal and vertical line with an erasable pen or pencil on the rope base to help in centering it in the hoop.



Now that the rope bowl base is securely fastened to the stabilizer, you'll need to adjust your machine set-up:

Needle Plate: Straight stitch needle plate

Machine Needle: Red tip needle

Top Thread: Polyester in appropriate colour(s)

Bobbin Thread: 60 wt. or thinner polyester thread (I like to use a light neutral colour for both the bowl construction and the embroidery)

Bobbin Holder: Embroidery (white dot)

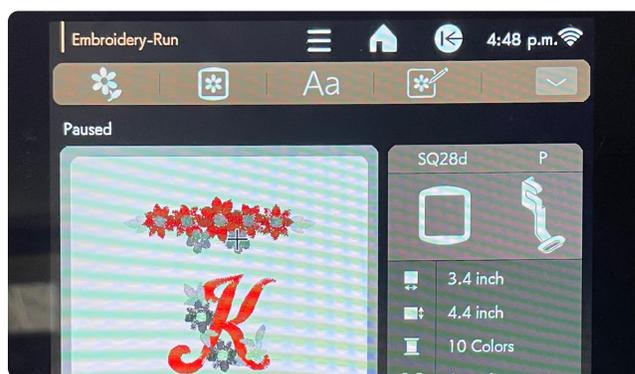
Machine Foot: P foot

Attach your hoop to the Janome CM17 and choose your embroidery design. Make sure that the excess rope is to the right of the hoop and out of the way.

You'll need to attach the rope bowl base to the stabilizer and I do two things to make sure that it is really secure: apply glue to the bottom of the rope bowl base with a water soluble glue stick and



then use a cotton thread and hand needle to whipstitch the edge of the rope bowl base to the stabilizer.



Push the Start/Stop button and grab a cup of coffee while the design is stitching out.



Once the embroidery design is complete, remove the hoop from the machine.



Remove the rope bowl base from the hoop. Don't cut the excess rope. Use your seam ripper to remove the hand stitching from the rope bowl base.



Use scissors to cut away the excess stabilizer.

Constructing the Rope Bowl Sides

Next, it's time to go back to the Janome CM17 to construct the bowl sides. Switch your machine back to its original settings as below:

Needle Plate: Regular/zigzag needle plate

Machine Needle: Red tip needle

Top Thread: Polyester to match rope colour

Bobbin Thread: 60 wt. or thinner polyester thread (I like to use a light neutral colour for both the bowl construction and the embroidery)

Bobbin Case Holder: Regular (yellow dot)

Machine Foot: AcuFeed Holder and VD foot with AcuFeed Flex System activated

Stitch Selection: Straight stitch at 2.0 in length; Zigzag stitch with 5.0 for length and 3.0 for width

To create sides for your rope bowl, you'll continue to add rope using a zigzag stitch. Keeping the excess rope to the right of the needle, press the rope bowl base against the side of the Janome CM17 head and start stitching with the zigzag stitch.



Continue pressing the bowl against the machine head and stitch slowly.



Lock your stitches and remove the bowl from the Janome CM17. Remove the stabilizer by soaking the bowl bottom in some lukewarm water. You may need to gently rub as well to remove all of the stabilizer.

TIP: You can also hand stitch buttons or additional embellishments to the bowl at this stage if desired.



Continue stitching the sides until they are the height you want. Before finishing your bowl, you may want to add a handle. To do so, lock your stitches, create a loop with the excess rope and cut off the excess. Zigzag stitch the bottom of the rope loop to the rope bowl and backstitch for strength. You may also need to do a bit of additional zigzag stitching where the cut off portion of the rope starts.

This rope bowl is not only decorative and adds a personal touch to your quilt studio but it's practical too. I like using these rope bowls to hold various items and I especially like that if I – or one of my purry assistants – knock it to the floor, it won't break.

Perfect for holding your feet and tools at your Janome sewing machine. But my favourite use for a rope bowl – to hold chocolate, of course!

Enjoy! Kim Jamieson-Hirst, JANOME MAKER

